



# LIVE LIVELY, HAVE FUN, SQUARE DANCE!

## Where We Dance

**Madison Ballroom Dance Studio**

**9076 Madison Blvd Suite C/D/E**

**Madison, AL 36758**

**Next to Old Time Pottery and Ollies**

**near 565 and Wall Triana (Sullivan Rd).**

**For more information check out:**

**[www.NorthAlabamaSquareDance.com](http://www.NorthAlabamaSquareDance.com)**

**[NorthAlabamaSquareDance@gmail.com](mailto:NorthAlabamaSquareDance@gmail.com)**

**Or call: (256) 299-7717**

## Newcomers Square Dance Party

- **Free!**
- **Thursday April 4<sup>th</sup> 6:00-8:00**
- **No experience, no partner, no rhythm required**

## Learn to Square Dance

- **Novice to Mainstream**
- **Thursday Nights 6:00-7:30pm**
- **Starts April 11<sup>th</sup>**
- **\$7 per person per night**
- **\$20 per family (>2) per night**

Small square dance floor graphic at the bottom of the page.

Square Dance is an active physical exercise that involves fast movements, frequent turns and spins. To participate, you should be able to walk forward briskly for 15 minutes and follow instructions. Check with your doctor before starting any exercise program.